# NASA Health Promotion and Wellness Team

ViTS June 19<sup>th</sup> 3-4 PM EST

- ❖To Improve the Health and Safety of the NASA Workforce
  - Reduce the occurrence of skin cancer
  - Reduce the severity of skin cancer
  - ❖ Reduce the risks associated with sun exposure

- Program Elements
  - Health Education and Promotion
  - Skin Cancer Screening and Detection
  - Administrative and Protective Measures
  - Program Evaluation

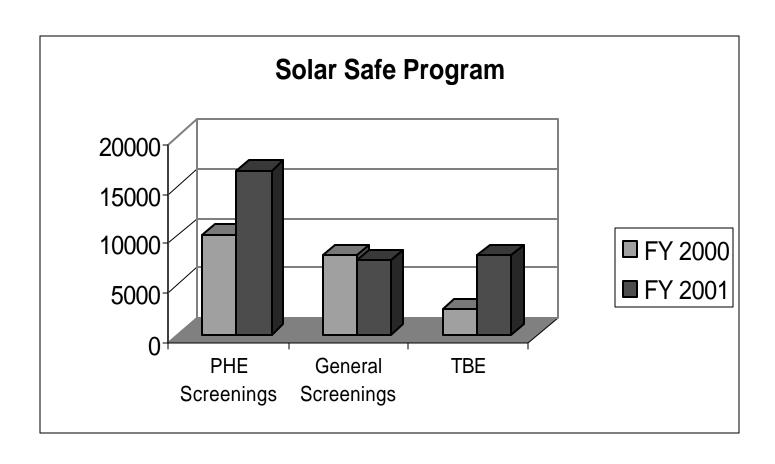
- Health Education and Promotion
  - ❖ Increase awareness
  - Health Education
- Skin Cancer Screening and Detection
  - Skin cancer screenings
    - General
    - Component of PHE

- ❖Administrative and Protective Measures
  - Administrative measures
    - ❖Flexible work schedules
  - Protective measures
    - ❖ Protective clothing
    - **❖**Sunscreen

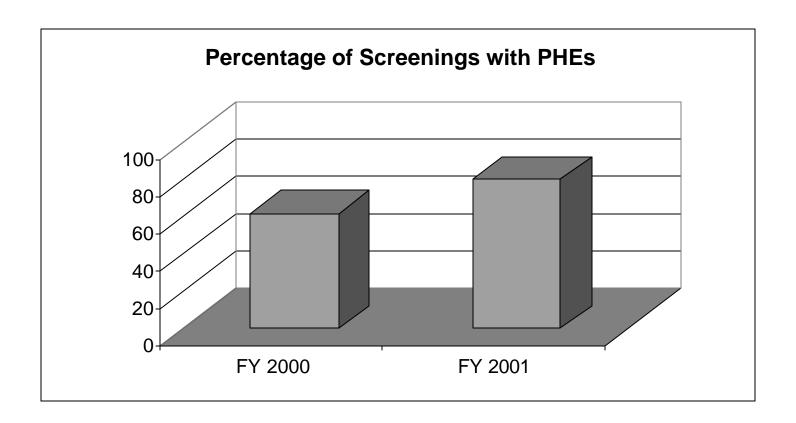
- Program Evaluation
  - Total number of screenings
  - ❖Total number of referrals
  - Number of new skin cancers detected

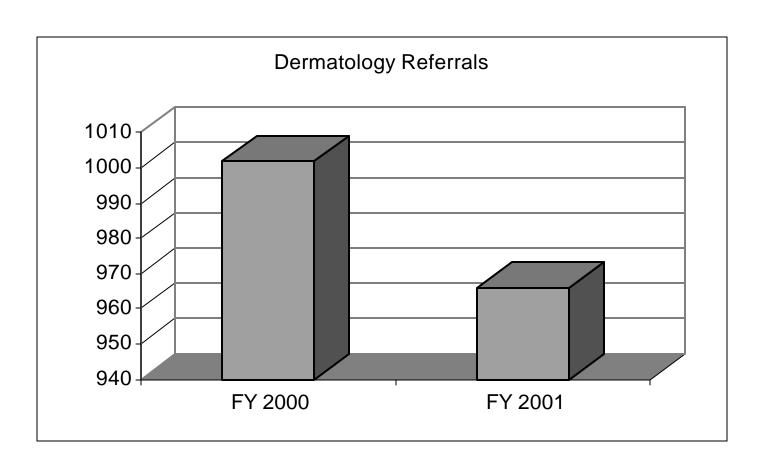
- Promotional Materials
  - Posters
  - Mayo Clinic on Skin Care
    - Anatomy
    - ❖Keeping skin healthy
    - ❖Types of lesions
    - ❖Treatment Options
    - ❖Protection against the sun

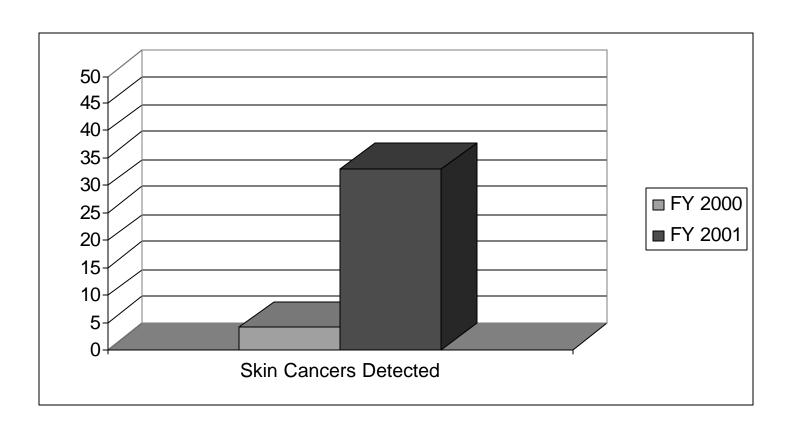
- ❖ Materials (con't)
  - **\***AAD
    - ❖ Bookmark on ABCDs
  - The Skin Cancer Foundation
    - ❖Skin cancer videos
  - ❖ Mayo Clinic
    - ❖Health Quest July '02
    - ❖ Health Quest monthly

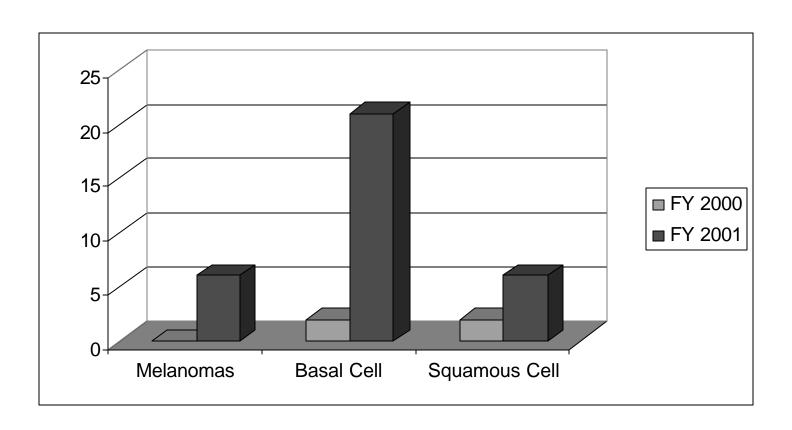


#### Solar Safe









#### Next Steps

- ❖ 1<sup>st</sup> Quarter FY 2003
  - Cold and Flu Campaign
  - Prostate Cancer Awareness
- ❖Next ViTS September 19<sup>th</sup>
  - 3-4 PM EST